



Biometric screenings

Have you ever wondered if you have any health risks? What you can do to become healthier? If so, your first step is to schedule a biometric screening.

IT'S AS SIMPLE AS ONE, 20-MINUTE APPOINTMENT

Your biometric screening will measure your blood pressure, body mass index, body fat content, blood cholesterol and blood sugar via fingerstick blood draw. You also will receive your risk score indicating health risk and a health risk informational brochure.

A Prevea Health & Wellness coach will then discuss your results, map your wellness goals, answer your questions and discuss lifestyle changes you would like to make. And, biometric screenings are completely confidential. **Come on...get healthy!**

Please remember: Do not eat or drink for 8 to 12 hours prior to the screening. (Water and medications are OK.)



Biometric screenings are being held at:

Neenah Jont School District - Multiple Locations Available

Please see the attached pages for a full schedule of locations and dates.

In effort to make sure all participants have ample opportunity to schedule at a convenient location, please see the notes listed on the attached calendars regarding designated locations for employees, spouses and retirees.

To register for your screening, please visit <http://veribook.com/lp/Prevea/NJSD/> When prompted, please choose "proceed as guest user."

JAN 2023

SUN

MON

TUE

WED

THU

FRI

SAT

01

02

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04

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07

6:30-10:30am
Health &
Wellness Center
Shattuck Staff

6:30-10:30am
Admin Building
Spouses &
Retirees

6:30-10:30am
Health &
Wellness Center
Shattuck Staff

6:30-10:30am
NHS
6:30-10:30am
Horace Mann

6:30-10:30am
NHS
Spouses &
Retirees

6:30-10:30am
Taft

6:30-10:30am
Coolidge

6:30-10:30am
Coolidge

6:30-10:30am
Taft

6:30-10:30am
Spring Road

6:30-10:30am
Clayton

6:30-10:30am
Clayton

08

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6:30-10:30am
Lakeview

6:30-10:30am
Health &
Wellness Center
Shattuck Staff

6:30-10:30am
Admin Building
6:30-10:30am
Horace Mann

6:30-10:30am
Health &
Wellness Center
Shattuck Staff

6:30-10:30am
NHS

6:30-10:30am
Admin Building

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21

6:30-10:30am
Health &
Wellness Center
Spouses &
Retirees

6:30-10:30am
Health &
Wellness Center
Spouses &
Retirees

6:30-10:30am
NHS

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6:30-10:30am
Tullar

6:30-10:30am
Health &
Wellness Center
Spouses &
Retirees

6:30-10:30am
Hoover

6:30-10:30am
Coolidge

6:30-10:30am
Health &
Wellness Center
Spouses &
Retirees

6:30-10:30am
Lakeview

6:30-10:30am
Taft

6:30-10:30am
Hoover

6:30-10:30am
Roosevelt
Alliance

6:30-10:30am
Wilson

6:30-10:30am
Spring Road

29

30

31

6:30-10:30am
Lakeview

6:30-10:30am
Health &
Wellness Center
Spouses &
Retirees

6:30-10:30am
Tullar

6:30-10:30am
Washington

In effort to make sure all participants have ample opportunity to schedule at a convenient location, please note below.

- Employees, please register for your screening at your home-based building only.
- Spouses and retirees, please register on designated days listed above.
- ***If locations and dates for your designated location are full, you are welcome to register at any open location.***

FEB 2023

SUN

MON

TUE

WED

THU

FRI

SAT

01

02

03

04

6:30-10:30am
Admin Building
Spouses &
Retirees

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09

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11

6:30-10:30am
**Health &
Wellness Center**
Spouses &
Retirees

6:30-10:30am
**Health &
Wellness Center**
Shattuck Staff

6:30-10:30am
NHS

6:30-10:30am
NHS
Open to Anyone

6:30-10:30am
Washington

6:30-10:30am
Wilson

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